

# *Funky Dance*

## 潮流健身舞課程

*November Classes open for registration now!*

Funky dance is all about fun, dance and exercise through simple dance steps. It's a good way to relax, lose weight and shape up!

Through the choreography of the coach, you will learn to dance and through which you'll have an opportunity to move every part of your body, from shoulder, arms, legs to waist and hip. Great way to loosen up too.

透過輕快的音樂節奏和簡單的 Funky Dance 舞步，提高心肺功能，開心輕鬆的消減壓力，並改善身體的線條，舞走多餘的脂肪。

導師悉心的教導，讓我們能循序漸進的學習手、腳、肩膀、腰部、臀部等身體每部份的肌肉動作，運用、配合，並配以輕快的音樂，舞動身體。

### **Details of the Funky Dance CLASS A and CLASS B:**

*Members can register for either one or both Classes, as each is of different choreography.*

**Dates:** Every Thursday, beginning 13 Nov., 2014 till 15 Jan., 2015 (except 25 Dec., 2014 and 1 Jan., 2015 Public Holidays)

**Time:** CLASS A: 7:30pm – 8:30pm

CLASS B: 8:30pm – 9:30pm

**Venue:** Champion Ballroom Dancing Academy

13/F, Hilltop Plaza, 49-51 Hollywood Road, Central, Hong Kong

**Attire:** Casual wear and sneakers/sports shoes

**Class size:** 10 – 20 members each

**Fee:** CLASS A: \$850 (8 classes in total)

CLASS B: \$850 (8 classes in total)

**Registration:** For HKUAA members only on first-come-first serve basis.

Registration is mandatory at

<http://hkuaa.org.hk/EventDetail.asp?uid=710>

### **REGISTRATION GUIDELINES**

Please complete the form in below with payment and email to Ms Sharon Lam at [sharon.lam@hkuaa.org.hk](mailto:sharon.lam@hkuaa.org.hk) **ON or BEFORE NOV 9, 2014**. If you enrolled together with your friend(s), please copy the form twice and complete it for your friend(s) as well.

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**\*\*\*Enrolment Form for 2nd series of Funky Dance Class \*\*\***

**Full Name:**

**Gender:**

**HKUAA Membership No.:**

**Phone:**

**Email:**

**Class A/B:**

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**Payment Method:**

**1) Payment by CREDIT CARD:**

Please note that by sending email to us with your credit card information, Hong Kong University Alumni Association (HKUAA) is authorized to charge the amount indicated by you from your credit card. Please provide us with the following credit card information for processing payment

(You may use your own credit card to pay for your friend(s). But you must NOT provide your friend's or third party's credit card):

*Cardholder Name (Same as printed on credit card):*

*Credit Card Type (Visa / Master):*

*Credit Card Number:*

*Credit Card Expiry Date:*

*Amount to be charged (HK\$):*

**2) Payment by DEPOSIT (By ATM, Counter or Online):**

Please deposit payment to our HSBC Account.

Account Name: Hong Kong University Alumni Association

Account No.: 848-307666-838

**\*\*\*After you have make the payment, please scan the receipt and ATTACH it together with the enrolment form by email.**

**\*\*Please note that there will be NO REPLACEMENT OR REFUND after making the payment except for postponement or cancellation of the event.**

If you have any queries, please contact Ms Sharon Lam, Associate Manager, HKUAA at 2522 6113.

### **Who is the dance instructor?**

Ms. Pinky Wong (黃嘉潤)

- CSTD Modern Jazz Diploma
- The Repulse Bay Hong Kong Dancing Instructor
- Chinese YMCA of Hong Kong Dancing Instructor
- 1<sup>st</sup> Runner UP of the 1<sup>st</sup> Hong Kong Challenge Cup
- 2<sup>nd</sup> Runner Up of Bauhinia Cup Dance Championships

Organized *by* PR Sub-Committee, HKUAA

