

Rumba & Quick Step Classes

Time to put on your dancing shoes and get ready for the new season of Ballroom Dance classes! HKUAA will be organizing a new series of classes in September and October, featuring **Rumba** and the **Quick Step**. Existing participants and beginners alike are welcome to sign up.

Details of the third series of HKUAA Ballroom Dancing Classes are as follows:

Register
NOW!

- Class Type:** Private Group Class (for HKUAA members & their friends only)
Dances: *Rumba* and *Quick Step* (倫巴舞及快四步舞)
Duration: Six (6) lessons at 1.5 hours each
Dates: **Oct 3, 10, 17, 24, 31 & Nov 7 (all Thursdays)**
Time: **8.00pm – 9.30pm**
Venue: **Champion Ballroom Dancing Academy (精舞門標準舞蹈學院)**
2/F, Capital Commercial Building, 26 Leighton Road,
Causeway Bay, Hong Kong (opposite Leighton Centre)
Fee: HK\$720.00 per person (for 6 lessons)
Seats: Maximum 40

[REGISTRATION \(click here\)](#)

Rumba is one of the most popular DanceSport and the slowest of the five competitive International Latin Dances: *Paso Doble*, *the Samba*, *Cha-Cha-Cha* and *Jive*. Originated from Cuba, *Rumba* is often referred to as the 'grandfather of the Latin dances' with its unique styling and fascinating rhythms.

The **Quick Step** is a light-hearted member of the International Standard Ballroom dances: *Waltz*, *Tango*, *Viennese Waltz* and *Foxtrot*. Danced to upbeat melodies, the *Quick Step* is suitable for both general and informal events. Do you know that the energy exerted while dancing a 60-second *Quick Step* is equivalent to running a mile in record time!"

P.S. For attire, you could come in casual wear or suits if direct from the office. For practice shoes, either get a pair from a shop in Pottinger Street, Central or at Champion Ballroom Dancing Academy.

Instructors:

Diana Yau

Diana is a professional champion ballroom dancer prior to founding Champion Ballroom Dancing Academy in 1997. She won the 1980 Hong Kong Latin American Dance Championship and has since continued to win the professional 10 dances champion for 17 consecutive years. During the same period from 1980 to 1999, Diana also represented Hong Kong at major international contexts.

Since retiring from professional competitions in 1998, Diana spends most of her time in community work, charity activities and teaching ballroom dance to the young generation.

As a professional dancer and an experienced instructor, Diana is always acclaimed a 'dance doctor' who could spot students' dancing problems and needs within minutes.

She is Adjudicator of the 2012 World Ballroom Dance Championship, International Adjudicator of World DanceSport Association, Chief Adjudicator of The School Dance Festival, National Association of Teachers of Dancing Fellow (UK), and currently dance instructor of Hong Kong Jockey Club and Ladies Recreation Club.

Jackie Wu

Jackie is a professional ballroom dance instructor and a Fellow of International Dancing Teacher Association (UK). He studied in Australia and is now dedicated to developing Dancespot amongst youths and teens in Hong Kong. Jackie is currently dance instructor of Hong Kong Jockey Club, Chinese University of Hong Kong, Hong Kong Institute of Vocational Education and Ladies Recreation Club.