

HKUAA Community Services –“Friends, together we release positive energy!” ( 友  
伴 • 同行 齊心發放正能量)

Robin Williams, the Oscar-winning actor and comedian, had been battling depression in his last days but, sadly, end up with suicide. This makes more people start to notice the seriousness of depression. Meanwhile, it is noted that 8.3% of people in Hong Kong are living with depression and this figure is 10% more than those who are living with depression in Japan and Singapore.

In order to raise public awareness about the importance of mental health and emotions, especially on the effects of depression, Radio-I-Care, a sub-branch of Tung Wah Group of Hospitals, is to organise a tram parade. The tram will pass by several different stops and at these different stops there will be stands where volunteers, together with those who recovered from mental illness, are to promote the importance of mental health, the serious effects of depression, and the positive living attitude that we should all hold.

HKUAA Community Services Team will work with Radio-I-Care to join this meaningful event. Volunteers are to help out on handing out flyers and other promotion products. Please do not miss this opportunity and come join us!

Date: 21<sup>st</sup> March 2015 (Saturday)  
Time: 10 a.m. to 5 p.m.  
Venue: Tram stations (Sai Wan, Sheung Wan, Central, Admiralty, Wanchai  
Causeway Bay, Tin Hau, Fortress Hill, North Point and Times Square)  
Dress Code: Uniform will be provided  
Subsidies: HK\$40 gift coupon  
Capacity: 30 *\*Your friends and family members are also welcome\**

*Contact Person:*

(1) Ophelia Chan (Mobile: 6013 5895 / email: [ophelia.chanyuiyu@gmail.com](mailto:ophelia.chanyuiyu@gmail.com))  
(2) Alex Wu (Mobile: 9639 7361 / email: [hsbcstranger@hotmail.com](mailto:hsbcstranger@hotmail.com))

All our past events were FULLY BOOKED in a very short period of time, so please make your reservation NOW!

Remarks:

\*You will receive a confirmation email upon successful enrolment on the event.  
\*During the event, please follow all rules and instructions strictly made by HKUAA or the service provider. Please act responsibly and HKUAA will not be liable for any damage, injury or any serious consequences that may be caused.  
\*Children aged under 15 should be accompanied by an adult. Toddlers younger than 3 years are not recommended to join  
\*HKUAA reserves all rights to make ultimate decision on all related issues.