

# HKUAA Hiking Activity

**Date:** January 17, 2015 (Saturday)

**Time:** 10:00-16:00

**Gathering Time:** 10:00

**Gathering Point:** Pak Tam Chung Bus Terminal 北潭涌巴士總站

**Starting Point and Dismiss Point:** Pak Tam Chung Bus Terminal 北潭涌巴士總站

**Route:** 北潭涌，路線後段，為 4 星，路不明顯，草高及胸口，總長 8 公里，上下差約三兩百米，初學不宜。

**Description:** 是次的登山路線會由北潭涌經上窰到起子灣，最後到達擺頭墩。路線的初段比較容易，登山新手相信亦能應付，及至後段則較具挑戰性，起子灣後會有不少密林，而且草高、攀升多。到達擺頭墩後，你能夠觀賞 360 度的優美景色，包括整個滘西洲、大頭洲和萬宜水庫。

**Distance:** About 8km

**Difficulty:** ★★★★★☆ (Intermediate)

Please prepare windbreaker under *WINDY* weather.

**Hiking Leader:**

Mr. Sunny LEUNG (梓浩)

Mountaineering Council of Hong Kong - Senior Instructor

Hong Kong Mountaineering Union - Mountain Craft Coach (LEVEL 2)

Wilderness Education Association (US) - Outdoor Instructor

Wilderness Education Association (US) - Leave no Trace Master Educator

The Association for Challenge Course Technology (US) - Challenge Course Instructor

Korean Alpine Federation - Winter Instructor

**Capacity:** 50

**Fee:** \$50

**Registration:**

[https://docs.google.com/forms/d/15y\\_Mci9ZNRkX2e3S6K9\\_13lhZW7Qs4isrBAi8xX7eB4/viewform?usp=s\\_end\\_form](https://docs.google.com/forms/d/15y_Mci9ZNRkX2e3S6K9_13lhZW7Qs4isrBAi8xX7eB4/viewform?usp=s_end_form)

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## Map:



## Guidelines in times of Bad Weather 惡劣天氣指引

When there is rain or Thunderstorm Warning Signal or Amber Rainstorm Warning Signal is issued, event helpers will decide whether to continue or cancel the activity according to the weather situation after gathering at the starting point. When RED Rainstorm Warning Signal or Typhoon Warning Signal No.3 or above is issued two hours before the gathering time, the activity will be cancelled.

如在活動當天遇上雷暴警告、黃色暴雨訊號或下雨，參加者可自決首先到達集合地點，由活動工作人員了解及根據當時的情況，決定是否停止該次活動。如當天在活動前二小時天文台發出紅色暴雨訊號、三號風球或以上，則該次活動自動取消。

## Equipment (For your reference) 基本個人裝備 (供參考之用)

1. 個人急救用品 First Aid Kit
2. 照明用具 Torch
3. 風雨衣 Raincoat, Windbreaker Jacket
4. 防晒用品 Sun Block
5. 地圖 Map
6. 指南針 Compass
7. 不少於 2 公升的水 At least 2 litres of water
8. 紙及筆 Paper and Pen

9. 後備衣物 Spare Cloth

10. 後備糧及水 Snacks and more water

**Notes:** Fees are collected to pay for the allowance of the Hiking Leaders and the premium of the Personal Accidental Death Insurance of HK\$200,000 for every participant. Cash or crossed cheques paid to "Hong Kong University Alumni Association" or "HKUAA" shall be collected at the gathering point.