

HKUAA HIKING

Date: Saturday, November 10, 2018

Time: 10:00 – 13:00

Gathering Time: 10:00 am

Gathering Point: 城門水塘菠蘿霸茶水亭
(Pineapple Dam, Shing Mun Road) (KK058782) ¹

Dismiss Point: 川龍 (Chuen Lung)

Route: 菠蘿霸 (Pineapple Dam) → 龍門郊遊徑 (Lung Mun Country Trail)
→ 川龍 (Chuen Lung)

Distance: 8.6 km

Difficulty: ★★☆☆☆☆

Hiking Leader:

Mountaineering Council of Hong Kong (香港山藝協會)

Website: www.mountaineering.com.hk

Senior Instructor – Mr. Sunny LEUNG 梓浩

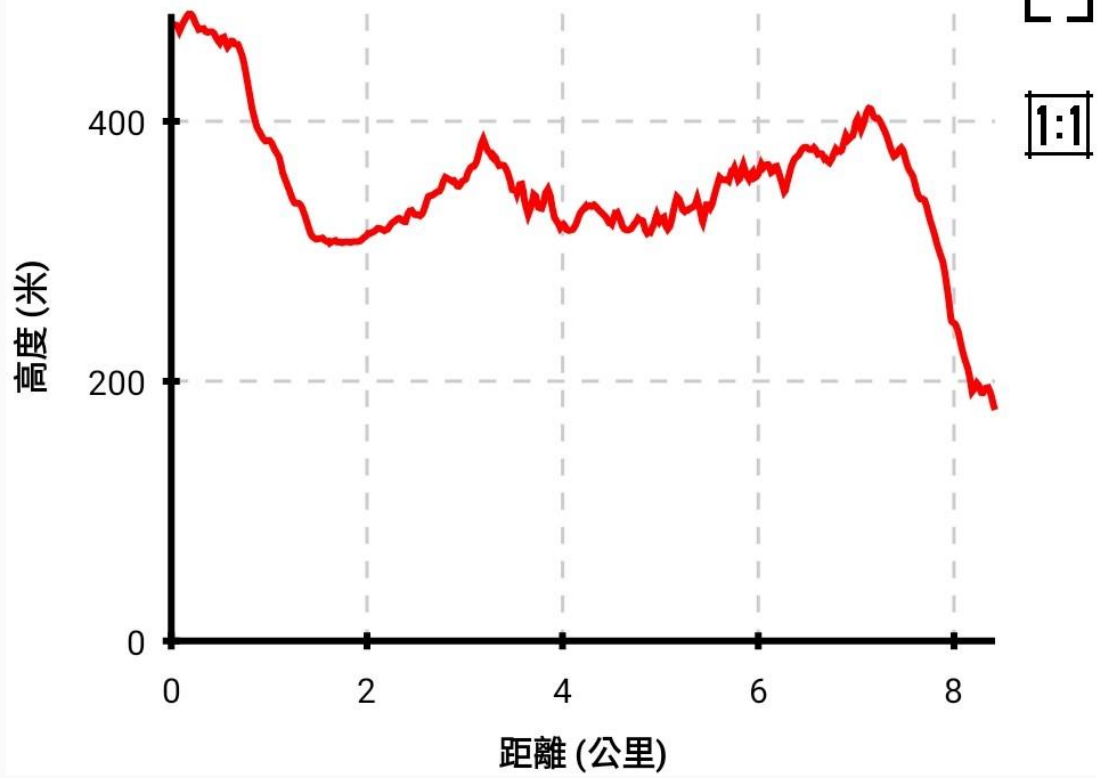
- Hong Kong Mountaineering Union - Mountain Craft Coach (Level 2)
- Wilderness Education Association (US) - Outdoor Instructor
- Wilderness Education Association (US) - Leave no Trace Master Educator
- The Association for Challenge Course Technology (US) - Challenge Course Instructor
- Korean Alpine Federation - Winter Instructor

Capacity: 50 persons

Fee: \$50 (to be collected at the Gathering Point)

¹You may take green minibus Route No. 82 at Siu Wo Street (Tsuen Wan) to the Gathering Point

荃錦營地扶輪公園川龍 龍門郊遊徑 城門水塘



* 高度只是計算出的近似值，會出現誤差。





Contact Persons:

Miss Natalie WONG (Office: 25226113 / Email: natalie.wong@hkuaa.hk)

Mr. Alex C H LAI (Mobile: 90131251 / Email: alex@alexlai.com.hk)

Guidelines in times of Bad Weather 惡劣天氣指引

When the Thunderstorm Warning Signal or Amber Rainstorm Warning Signal is issued, the organizer will decide whether to continue or cancel the Hiking according to the weather situation after gathering at the starting point. When Red Rainstorm Warning Signal or Typhoon Warning Signal No.3 or above is issued two hours before the gathering time, the activity will be cancelled.

如在活動當天遇上雷暴警告、黃色暴雨訊號，參加者可自決首先到達集合地點，由主辦單位了解及根據當時的情況，決定是否停止該次活動。如當天在活動前二小時天文台發出紅色暴雨訊號或三號風球或以上，則該次活動自動取消。

Equipment (For your reference) 基本個人裝備 (供參考之用)

1. 個人急救用品 First Aid Kit
2. 照明用具 Torch
3. 風雨衣 Raincoat, Windbreaker Jacket
4. 防晒用品 Sun Block
5. 地圖 Map
6. 指南針 Compass
7. 不少於 2 公升的水 At least 2 litres of water
8. 紙及筆 Paper and Pen
9. 後備衣物 Spare Cloth
10. 後備糧及水 Snacks and more water

Notes: Cash or crossed cheques of HK\$50 payable to "HKUAA" shall be collected at the Gathering Point.